



Biblical Manhood and Womanhood Course Outline

Week 1: Intro and Biblical Theology of Gender

Week 2: Biblical Masculinity Part 1

Week 3: Biblical Masculinity Part 2

Week 4: Biblical Femininity Part 1

Week 5: Biblical Femininity Part 2

Week 6: Manhood & Womanhood in the Home Part 1

Week 7: Manhood & Womanhood in the Home Part 2

Week 8: Manhood & Womanhood in the Church Part 1

Week 9: Manhood & Womanhood in the Church Part 2

Week 10: Manhood & Womanhood in the World & Workplace

Week 11: Gender Confusion

Week 12: Answering Common Questions

Week 13: Sex, Marriage, & Same-Sex Attraction

Summaries:

Biblical masculinity is displayed in a sense of benevolent responsibility to work God's creation, to provide for and protect others, and to express loving, sacrificial leadership in particular contexts prescribed by God's Word.

Biblical femininity is displayed in a gracious disposition to cultivate life, to help others flourish, and to affirm, receive and nurture strength and leadership from worthy men in particular contexts prescribed by God's Word.

For further study:

1. God's Design for Man and Womanhood, Andreas & Margaret Köstenberger
2. The Accidental Feminist, Courtney Reissig
3. Women & God: Hard Questions, Beautiful Truth, Kathleen Nielson

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Biblical Manhood and Womanhood – Lesson 6

Manhood and Womanhood in the Home, Part 1

I. Biblical Masculinity & Femininity in the Context of Singleness

A. The New Testament Celebrates Singleness for Men and Women

- 1 Corinthians 7:8, 32 *It is good for them to remain single...*

B. The Single Christian Expresses Manhood or Womanhood in the Family of God

Single Men:

- Provide spiritually and financially (Gen 2:15; 1 Tim. 5:1)
- Take responsibility to know and guard the Word
- Strive for the qualities of an elder (1 Tim 3, Titus 1)
- Protect sisters in Christ in appropriate ways

Single Women:

- Extend a helpful, encouraging disposition (Gen 2:18)
- Nurture the spiritual health of other women (Titus 2:3-5)
- Cultivate spiritual beauty (1 Pet 3:4)

II. Biblical Masculinity & Femininity in the Context of Marriage

A. Definition: *Men and women are created equal, but with distinct, God-given roles within the family: the husband lovingly leads as provider and protector, and the wife respectfully submits as his helper.*

- Responding to misunderstandings: Biblically speaking, differences in role do not imply hierarchy of value (Gen 1:26-27, Gal 3:28)

B. Explanation: Ephesians 5:22-33

1. Paul calls wives to submit to their own husbands as to the Lord (v. 22)
2. The husband is the head of the wife, just as Christ is the head of the church (vv. 23-24)
3. Husbands are to love their wives as Christ loved the church (vv. 25-30)
4. Marriage speaks to the world about Christ's relationship to the church (vv. 31-32)

C. Application: Should a Mother Work Outside the Home?

- Biblical distinctions between men and women (Gen 2-3)
- Law vs. Wisdom
- Titus 2:3-5: "Working at home"
- What is the home?
- Proverbs 31: "*She looks well to the ways of her household*" (v. 27)
- Questions to consider:
 1. What are her **motives**?
 2. To what degree is her paycheck **necessary**?
 3. What **gifts, talents, opportunities, and stewardships** has God given her in this particular season?