

Biblical Manhood and Womanhood Course Outline

Week 1: Intro and Biblical Theology of Gender

Week 2: Biblical Masculinity Part 1

Week 3: Biblical Masculinity Part 2

Week 4: Biblical Femininity Part 1

Week 5: Biblical Femininity Part 2

Week 6: Gender Confusion

Week 7: Manhood & Womanhood in the Home Part 1

Week 8: Manhood & Womanhood in the Home Part 2

Week 9: Manhood & Womanhood in the Church Part 1

Week 10: Manhood & Womanhood in the Church Part 2

Week 11: Manhood & Womanhood in the World & Workplace

Week 12: Objections to Complementarianism

Week 13: Panel Discussion & Q&A

Summaries:

The essence of biblical masculinity is a sense of benevolent responsibility to tend God's creation, to provide for and protect others, and to express loving, sacrificial leadership in particular contexts prescribed by God's Word.

The essence of biblical femininity is a gracious disposition to cultivate life, to help others flourish, and to affirm, receive and nurture strength and leadership from worthy men in particular contexts prescribed by God's Word.

For further study:

1. God's Design for Man and Womanhood, Andreas & Margaret Köstenberger (Crossway, 2014)
2. The Accidental Feminist, Courtney Reissig (Crossway, 2015)

Questions and comments are welcome!

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Biblical Manhood and Womanhood – Lesson 5



Biblical Femininity, Part 2

I. Introduction: Cultural Construct or Created Reality?

II. Summary Statement

The essence of biblical femininity is a gracious disposition to cultivate life, to help others flourish, and to affirm, receive and nurture strength and leadership from worthy men in particular contexts prescribed by God's Word.

III. To Cultivate Life

- Gen 3:20 – “Eve” = Life
- Patterns at creation:

Man
Adam formed from *ground*
“Work and keep the garden”
Parallels days 1-3: *forming*
Working disposition

Woman
Woman made from the *man*
“Mother of all living”
Parallels days 4-6: *filling*
Relational disposition

- A universal feminine trait, typical of women in various contexts and stages of life (Prov 31, Titus 2:4-5, 1 Tim 5:10)

IV. To Help Others Flourish

- Gen 2:18 – “A helper fit”
- Imaging God, the Helper (Ps 54:4)
- Prescriptive / Formal → “Helping with a capital H” (Marriage relationship)
- Descriptive / Informal → “Helping with a lowercase h” (Various relationships and contexts)

Examples:

- Rahab (Joshua 2)
- Esther
- Luke 8:3
- Romans 16:1

- Helping as an expression of feminine strength

- Eph 5:22-24, 33 – “Submit” = Place oneself under the authority of another
- Submission is an act of trust in God
- A wife complements her husband through her unique feminine influence
- What about imperfect men? (1 Pet 3:1-2)
- “Worthy men” – the Bible condemns all abuse
- What about affirming and encouraging men informally, outside of contexts where submission is prescribed?

VI. Interview/Testimony

V. To Affirm, Receive and Nurture Strength and Leadership from Worthy Men in Particular Contexts Prescribed by God’s Word