

## Biblical Manhood and Womanhood Course Outline

- Week 1: Intro and Biblical Theology of Gender
- Week 2: Biblical Masculinity Part I
- Week 3: Biblical Masculinity Part II
- Week 4: Biblical Femininity Part I
- Week 5: Biblical Femininity Part II
- Week 6: Gender Confusion
- Week 7: Manhood & Womanhood in the Home Part I
- Week 8: Manhood and Womanhood in the Home Part II
- Week 9: Manhood & Womanhood in the Church Part I
- Week 10: Manhood & Womanhood in the Church Part II
- Week 11: Manhood & Womanhood in the World & Workplace
- Week 12: Objections to Complementarianism
- Week 13: Panel Discussion & Q&A

### Definitions:

The essence of Biblical masculinity is a sense of benevolent responsibility to tend God's creation, provide for and protect others, and express loving, sacrificial leadership in particular contexts prescribed by God's Word.

The essence of Biblical femininity is a gracious disposition to cultivate life, to help others flourish, and to affirm, receive and nurture strength and leadership from worthy men in particular contexts prescribed by God's Word.

*For further study:*

1. God's Design for Man and Womanhood, Andreas & Margaret Köstenberger
2. The Accidental Feminist, Courtney Reissig

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## ***Biblical Femininity Defined, Part 1***

### **I. Introduction:** Exalted expectations, real challenges

- Women have greater dignity than the world ascribes to them
- Women have a greater problem than the world recognizes – and a greater Savior
- Women have been given instruction by their Savior on how to express their womanhood

### **II. Opening Considerations**

1. To live as a **godly** woman, on one level, simply seek godliness
2. As a woman, you'll always express the fruit of the spirit **as a woman**
3. Whenever we study God's creation design, we need to remember that **creation is fallen**
4. Scripture **often describes femininity in the context of a marriage relationship**

### **III. Genesis 1-3**

- Gen 1:26-27: *Equal in essence as image of God*
  
- Gen 2: *Distinct, complementary roles*
  
- Matthew Henry: “The woman was made of a rib out of the side of Adam; not made out of his head to rule over him, nor out of his feet to be trampled upon by him, but out of his side to be equal with him, under his arm to be protected, and near his heart to be beloved.”
  
- Gen 3: *The results of the fall*
  - The curse distorts femininity
  
  - But women, like Eve (“life”), are still called to nurture physical and spiritual life in others

#### **IV. Proverbs 31:10-31**

1. She uses her talents selflessly and wisely
  
2. Her endeavors bless her family
  
3. She fears the Lord
  
4. Her example should be freeing, not discouraging

#### **V. Testimony and Conclusion**