

VII. Responding to fear

- *Culture at large*

Therapeutic

Victimization/stoicism

- *The Gospel*

- *Be a part of the Gospel community!*

Core Seminars—Fear of Man **Class 5: How Do We Fear Man?** **We Fear They Will Harm Us**



“Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in Hell.” (Matthew 10:28)

I. Introduction: Jesus commands us not to fear harm. **Why do we?**

II. Fear of Physical Harm

- *Physical abuse in the family*

- *Exploitation*

- *Physical suffering for the Gospel*

- *Terrorism*

- *Racism*

III. Fear of non-physical harm

- *Abusive speech*
- *Slander or derogatory speech*
- *Sexual harassment*

IV. How this fear of physical harm shapes our lives

- *Sense of victimization*
- *Our view of relationships*
- *Bitterness*

V. What we need to know about the harmful person

- *The harmful person's problem is not you*
- *The harmful person needs the Gospel not our fear of them*
- *We are all more similar to the harmful person than Christ*
- *What if I am the one causing harm?*

VI. Scriptural examples and response to fear of physical harm

Positive examples:

- *Joshua (Joshua 1)*
- *Esther (Esther 5:1-8)*
- *Habakkuk (Habakkuk 3)*
- *Hebrews 11:35-38*
- *Christ*

Negative examples:

- *Abraham (Genesis 12)*
- *Israelites approaching Canaan (Numbers 13)*
- *Peter*