

## V. WHAT ABOUT WHEN IT IS NOT MY OWN HEALTH?

## Core Seminars – Christian Discipleship Stewardship Week 11



## VI. CONCLUSION

## Stewarding Poor Health

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### Course Outline

#### Introduction

1. Stewardship
2. Faithfulness

#### Money

3. Generosity
4. Spending
5. Saving, Investing, and Debt
6. Materialism
7. Q&A

#### Time

8. God's Purposes for Rest
9. Stewarding Our Time

#### Health

10. God's Purposes for Health
11. Stewarding Poor Health

#### Skills

12. Stewarding Your Skills
13. The Enemy of Stewardship

### I. INTRODUCTION

### II. WHERE DOES SICKNESS COME FROM?

(Genesis 1:31, Romans 8:19-23)

*“For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God.”*

*- Romans 8:20-21*

-The most loving thing God could have done once sin separated us from Him was to ensure we would not find meaning in anything but Him.

*Questions? Contact Steve at [Steve\\_boyer@hotmail.com](mailto:Steve_boyer@hotmail.com), Jamie at [Jamie.dunlop@capbap.org](mailto:Jamie.dunlop@capbap.org), or Kyle at [kmburke20@gmail.com](mailto:kmburke20@gmail.com).*

### **III. GOD'S PURPOSES IN POOR HEALTH**

#### **A. To wean us from Self-Sufficiency**

(2 Cor 12:7-9)

“Before I was afflicted I went astray, but now I keep your word.”

-Ps. 119:67

#### **B. Poor health gives others opportunities to serve**

(Gal 4:13-15)

*You know it was because of a bodily ailment that I preached the gospel to you at first. and though my condition was a trial to you, you did not scorn or despise me, but received me as an angel of God, as Christ Jesus ...if possible, you would have gouged out your eyes and given them to me.*

#### **C. Poor Health is an Opportunity to Walk in the Light through Confession of Sin**

(James 5:14-16, I Cor 11:30)

#### **D. Poor health makes us long for Heaven**

(Rev. 21:3-4, 2 Cor 5:2, Romans 8)

### **IV. LIVING AS FAITHFUL AND HOPEFUL STEWARDS**

- 1. Be willing to accept a different role**
- 2. Be wise in taking actions**
- 3. Trust in God**
- 4. Keep your mind focused on Heaven**
- 5. Steward even the minor health challenges**