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## Recommended Reading

*Age of Opportunity* by Paul David Tripp

*Parenting Today's Adolescent* by Dennis and Barbara Rainey

## Course outline:

Week 1 – God's Purpose for the Family

Week 2 – The Ministry of the Family to the Church & the World

Week 3 – Family Worship

Week 4 – Getting to the Heart of Behavior

Week 5 – Formative Discipline: Our Words to Their Hearts

Week 6 – What to Do When You Can't Reach the Heart

Week 7 – Corrective Discipline: The Rod of Correction

Week 8 – Boys & Fatherhood

Week 9 – Girls & Motherhood

**Week 10 – The Teen Years**

Week 11 – Panel Discussion

Week 12 -- Children, Technology & Social Media

Week 13 – The Gospel and the Overzealous Parent

## Core Seminars – Christian Life Parenthood

Week 10

### The Teen Years

#### I. Introduction – “The Big Picture”

#### II. A Season of Change

- Physical Changes
- Intellectual Changes
- A Changing Relationship
- New Dangers / Traps

#### III. What does the Bible say about teenagers?

#### Some things that tend to characterize youth:

- No hunger for wisdom or correction

- A tendency toward legalism
- A tendency to be unwise in their choice of companions
- A susceptibility to sexual temptation
- An absence of eschatological perspective
- A lack of heart awareness

#### **IV. How to Pastor our Teens**

Keeping the main goals in view:

1. Focus on the spiritual struggle
2. Developing a heart of conviction and wisdom

3. Understanding and reacting redemptively with the culture
4. Developing a heart for God
5. Preparing our teens to leave

#### **Practical thoughts as we pursue the goals:**

- Empathize
- Be deliberate and intentional
- Constant conversation
- Ask good questions
- Don't lecture